

The vegan burger – portobello mushroom with halloumi style vegan cheese served in a vegan brioche bun with fries and dressed salad £12.95

10oz rump steak £18.95  
5oz rump steak £11.95

All served with grilled tomato, mushrooms, buttered corn on the cob, battered onion rings and fries *(gluten free)*

add peppercorn sauce £2.95  
add melting IOW blue cheese £3.25  
add melting garlic and herb butter £1.95  
add three garlic pan fried crevettes for a surf and turf option £4.25 *(gluten free)*

### SEASONAL MAIN COURSES

Cider poached chicken breast with roast celeriac mash, apple puree and chive crème fraiche £13.95 *(gluten free)*

Duck breast with sautéed potatoes, spinach, chorizo and wild mushrooms with a red wine reduction £15.95 *(gluten free)*

Whole mackerel served with a steamed mussel and tomato cassoulet £14.95 *(gluten free)*

Grilled fillet of hake with a crab meat, fennel and tarragon cream sauce served with new potatoes and seasonal greens £14.95 *(gluten free)*

Butternut squash and sage tagliatelle in a cream sauce with parmesan shavings £12.95  
*(vegetarian option without parmesan)*

Mixed bean chilli served with wild rice and tortilla chips £12.95  
*(vegetarian, vegan and gluten free on request)*

### AUTUMNAL SALADS

Smoked duck breast Waldorf salad with locally baked bread £15.95 *(gluten free bread available on request)*

Roast butternut squash, barley, tender stem broccoli, sundried tomato and red onion salad, dressed with balsamic vinegar and served with locally baked bread £11.95  
*(vegan and vegetarian)*

Sundried tomato, olive, marinated artichoke and little gem salad with focaccia bread £11.95  
*(vegetarian, vegan and gluten free bread available on request)*

### SIDE DISHES

Portion of celery salted steak cut chips £3.50  
add cheddar £1.00 *(gluten free)*

Paprika sea salted sweet potato fries £3.75 *(gluten free)*

Battered onion rings £3.00 *(gluten free)*

Dressed mixed leaf salad £2.95 *(gluten free)*

Fresh buttered vegetables of the day £2.95 *(gluten free)*

Garlic ciabatta bread £3.00 add cheddar £1.00

### TO FINISH

Autumn apple and blackberry crumble served with custard £5.95

White chocolate and raspberry crème brulee with shortbread biscuit £5.95  
*(gluten free without shortbread)*

Chocolate brownie with IOW salted caramel ice cream and chocolate sauce £5.95 *(gluten free)*

The Fishbourne cheesecake (please see today's specials for flavour of the day) £5.95

Fresh fruit salad with mint and lime sugar £4.75  
*(vegan, gluten free and dairy free)*

Selection of IOW Blue, Soft and Gallybagger cheeses with onion and port chutney, grapes, celery and a selection of biscuits £8.95

Selection of IOW ice creams - £2.25 per scoop

Ventnor vanilla, Shanklin strawberry, Cowes chocolate ripple, Mottistone mint choc chip, Carisbrooke coffee, Hulverstone hazelnut crunch, Whippingham white chocolate and raspberry or a Luccombe lemon sorbet

## LUNCHTIME SANDWICHES, CIABATTAS & PLOUGHMAN'S

(Available everyday between 11am & 6.00pm)

Mature cheddar and pickle £7.25

Hand-picked crab meat, rocket and dill mayonnaise £9.25

Tuna mayonnaise and sliced red onion £7.95

Prawns and Marie-rose sauce £8.75

Ham and Dijon mustard mayonnaise £7.75

Red pepper hummus, sundried tomatoes and olives £7.25

All sandwiches and ciabattas are served with a dressed mixed leaf salad and root vegetable crisps

The Fishbourne ploughmans lunch- hand carved ham, IOW Blue, Soft and Gallybagger cheeses, pickled onion, gherkin, apple, dressed mixed leaf salad, pickle and locally baked bread £12.95

We also have **Gluten free** sliced white and brown bread available for all sandwiches

## SUNDAY LUNCH

Every Sunday we offer a roast with IOW meat served with seasonal vegetables and trimmings from 12pm - 6pm  
Large £15.95 Standard £12.95 Smaller Appetites £7.95

Reservations always advised



the\_fishbourne

Instagram



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## APPETISERS & LIGHT BITES

Spiced, breaded chicken goujons with sweet chilli dipping sauce £7.25

Smoked mackerel pate, pickled beetroot and toasted ciabatta £6.50  
(gluten free bread available on request)

Garlic fried crevettes with locally baked bread £6.75  
(gluten free bread available on request)

Pan fried wild mushroom and toasted pine nut bruschetta with dressed rocket and truffle oil £6.95  
(vegan, vegetarian and gluten free bread available on request)

Tender stem broccoli and potato croquettes with a dressed salad £6.50 (vegetarian)

## PUB FAVOURITES

Trio of IOW butcher sausages, creamed mashed potatoes, peas and red onion gravy £12.95 smaller appetite £7.95

Battered cod with steak cut chips, peas and our own tartare sauce £12.95 smaller appetite £7.95 (gluten free)

Whole tail scampi, peas, steak cut chips and our own tartare sauce £12.95 smaller appetite £6.95

Hand carved ham, two butter fried Brownrigg farm eggs, peas and fries £11.95 smaller appetite (hand carved ham, fries and one egg) £6.95 (gluten free)

Fishbourne's fisherman's pie of- smoked haddock, cod, salmon and prawns, topped with mashed potatoes and grilled cheese and served with a dressed salad and locally baked bread £14.25

## BURGERS AND STEAKS

6oz beef burger with melting IOW blue cheese and bacon served in a toasted brioche bun with fries and dressed salad £13.95

Spiced chicken, chorizo and apple wood smoked cheddar burger served in a toasted brioche bun with mayonnaise, fries and dressed salad £12.95