



What is a better way to soak in the sunshine during the summer months than a walk along the coast of Ryde. Starting from Ryde Esplanade, enjoy a 2.5 mile walk along the seafront and through the scenic surroundings of Appley Park – you can even stop here and climb a tree with Goodleaf tree climbing.

Past Appley you will reach Puckpool Park, a park with an 18-hole putting green, 15 hole crazy golf, two tennis courts and three bowling greens. So plenty to keep you entertained. Puckpool Battery is located within the boundaries of the park; this is an old Palmerston Fort built in 1865. With lots of beach huts dotted along the shore and the wide sandy beach what a great way to spend a day.

Towards Seaview take in the views of the historic forts in the Solent and the coastline of Portsmouth and spot the Spinnaker

Tower. Along this flat route there are plenty of opportunities for refreshments at some of the island's best eateries and all with stunning views of the Solent. It is also a great walk to do with your four legged friend with a varied landscape and dog friendly places along the way.

Once you reach Seaview (at low tide) you can continue your walk right round to the beach at St Helens and the National Trust managed St Helens Duver which is a lovely place to relax or gently wander. There are sandy beaches, rock pools, sand dunes and coastal woods. The Duver has an interesting history as a Victorian golf course with royal patronage. But now it is a fascinating place to look for wildlife from burrowing digger wasps to wasp spiders, and tiny flowers or water birds over the harbour.





