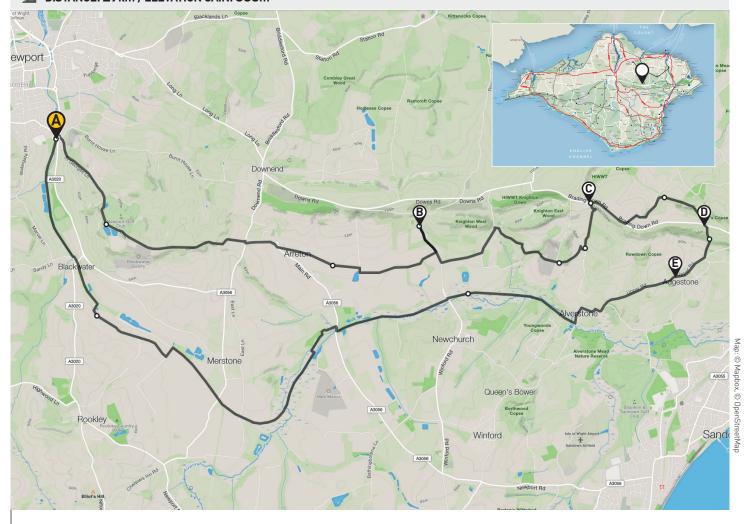


ో b HARD

- START/FINISH: SHIDE ROAD, NEWPORT PO30 1YQ
- TIME: 4 HOURS Enjoy the challenge and one of the most stunning routes the island has to offer
- **⊿** DISTANCE: 27km / ELEVATION GAIN: 383m



DIRECTIONS:

A START: A killer climb up to Newport Golf Club to start. Enjoy the rolling Bembridge Trail (route 28) out to Arreton Barnes. Head east along the road for about 500m to the primary school. Pick up byway 9 then bridleway 6.

(B) You will be able to follow the off-road route through the grounds that lead straight to the Garlic Farm by following their signs. Once you have finished sampling everything Garlic, including beer, its time for a climb! After following the road south 200 meters turn left and head past Knighton farm and look right for

the bridleway 45 leading through gates onto 35 towards Kern Farm. Skirt around the farm and head north on the 33A and 33, before you pop out onto the main Brading Down Road.

© Be careful at this junction as this is a fast country road. Turn right and follow this road for 600m before turning off left on the bridleway 26. Skirting the field you will pass through a metal gate on your left before keeping right and skirting the hill – the grassy track of bridleway 32 is usually visible.

D Heading towards Brading through Kellys Copse is stunning and by taking a climb up bridleway 29 you will reach a renowned Island viewpoint just over the road. From here you follow the 42 into Adgestone Vineyard where you can enjoy sampling the local red.

After a tipple then follow the quiet road into Adgestone where you will pick up the Red Squirrel Trail for a gentle ride back to Shide.

Where possible, public footpath and bridleway reference numbers have been included in the directions.

To download the GPX data to your GPS device and find more cycling itineraries go to visitisleofwight.co.uk/inspiration/bicycle-island





